



Osaka to Kochi

The Road to Japan's Best Kept Secret

Kochi : Shimanto River



Osaka : Dotonbori River

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Have you heard of Kochi ?

Kochi is located on the island of Shikoku, adjacent to the Kansai area where Osaka is located.

It is a place where clear rivers flow, where rustic, rural landscapes and much, much more await you.

It is also where people come to seek experiences that are not available in the bustling cities.

By including both Kochi and Osaka on your next trip, you will be able to explore the serene natural scenery of Japan and enjoy the lively culture and shopping in the city!

It is a lot easier than you thought.



Adventure Expedition Route

This route will introduce you to many activities along the pristine, crystal clear rivers in Kochi. Besides the nature of Kochi, it is also mesmerizing to explore the downtown area of Osaka until night.



Yoshino River Rafting

The Yoshino River is the largest river in Shikoku, stretching over 194km from Kochi Prefecture to Tokushima Prefecture. The river is known as the roughest river in Japan, and since the World Rafting Championships was held here in 2017, rafting enthusiasts continue to gather from afar. Beginners can also partake in the activities here.



Niyodo River Canyoning, SUP, Rafting

The Niyodo River, with its sparkling crystal blue water, is a perfect place to relax and try something a little bit different. Immerse yourself in the river's charm through canyoning and stand-up paddleboarding (SUP), and enjoy the lush scenery of the Niyodo area.

Recommended Spots while in Osaka



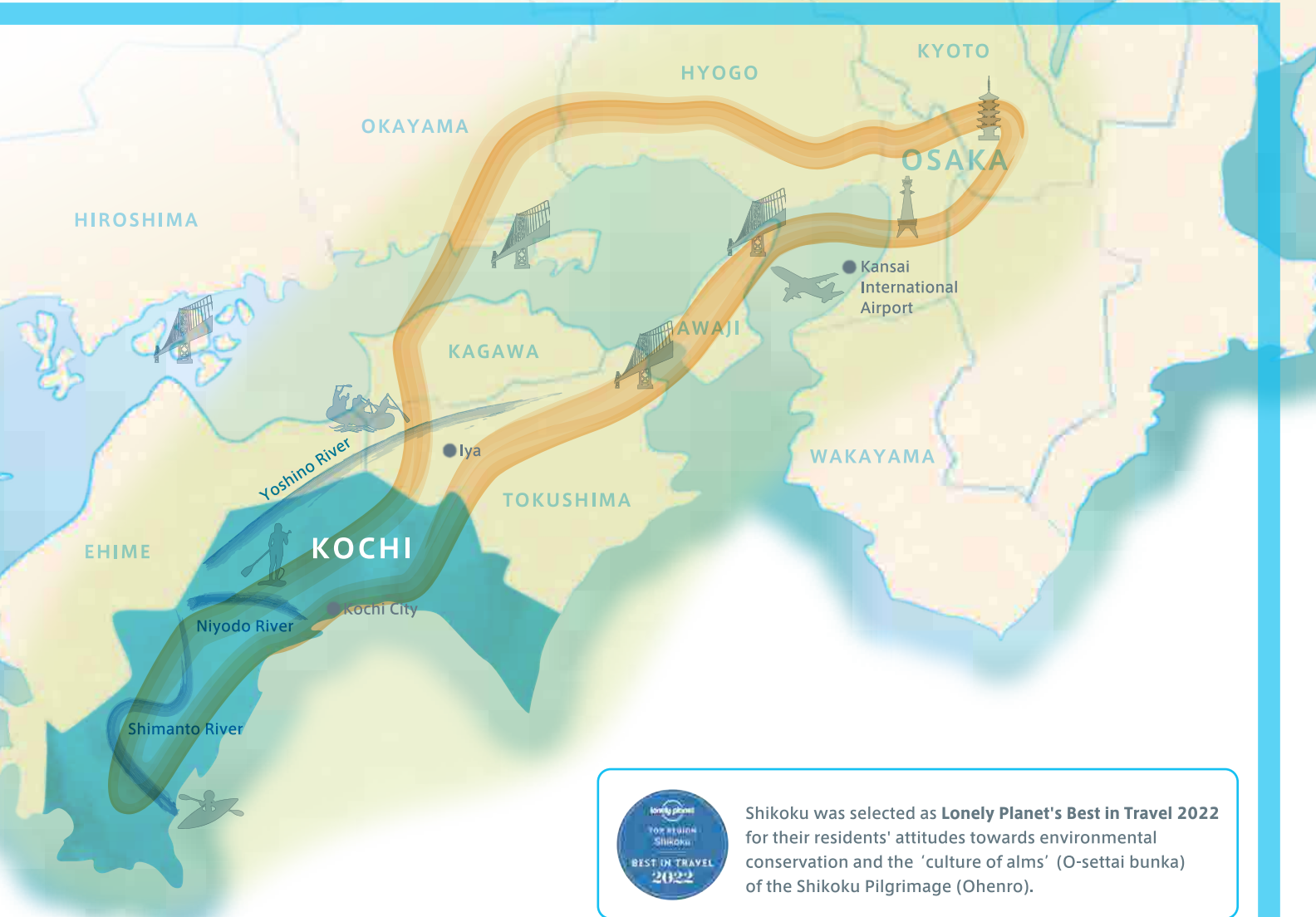
Shinsekai

Shinsekai, one of the most interesting districts in Osaka, has remained a popular city hot-spot, with Japanese-style pubs and cheap cafeteria-style restaurants offering unique menus such as Horumonyaki and Kushiyaiki skewers.



Hozenji Yokocho

Adjacent to Dotombori, this narrow cobblestone path feels like Osaka hundreds of years ago. It is cozy and quaint, with small grocery stores and cafes along the streets. You can also see beautiful cobblestone paths and Buddha statues covered in moss representing the culture of Osaka.

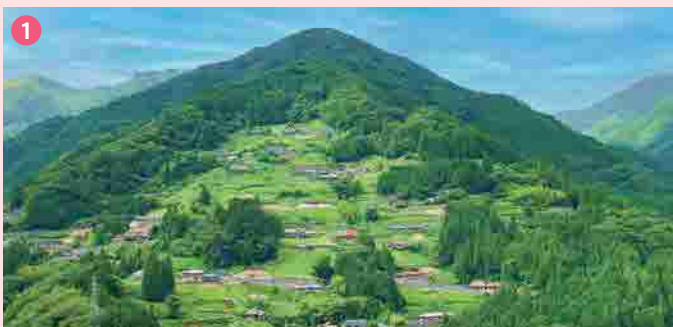


Shikoku was selected as **Lonely Planet's Best in Travel 2022** for their residents' attitudes towards environmental conservation and the 'culture of alms' (O-settai bunka) of the Shikoku Pilgrimage (Ohenro).



Rural Expedition Route

This route will introduce you the good old culture of Osaka and the rustic countryside and landscape of Shikoku. After enjoying the hustle and bustle of the city, breath in the fresh air to your heart's content and feel the joy of being healed by nature.



Iya Valley

Iya Valley is located in Tokushima, in Shikoku. This "lost valley" is covered with ancient forests, dotted with thatched-roof farmhouses, vine bridges over clear, fast rivers, and foggy mountains. This stunning area is well known for its natural beauty, especially during the autumn, when the landscape is transformed by the beautiful foliage.



Shimanto River Valley

The clear water of the Shimanto River, which flows from the high mountains to the sea, not only welcomes visitors who want to experience its pristine nature, but is also an essential part of the preservation of local traditions and food culture. Learn more about this treasure, from cycling to canoeing, photography and tasting local cuisine.

Recommended Spots while in Osaka



Kuromon Market

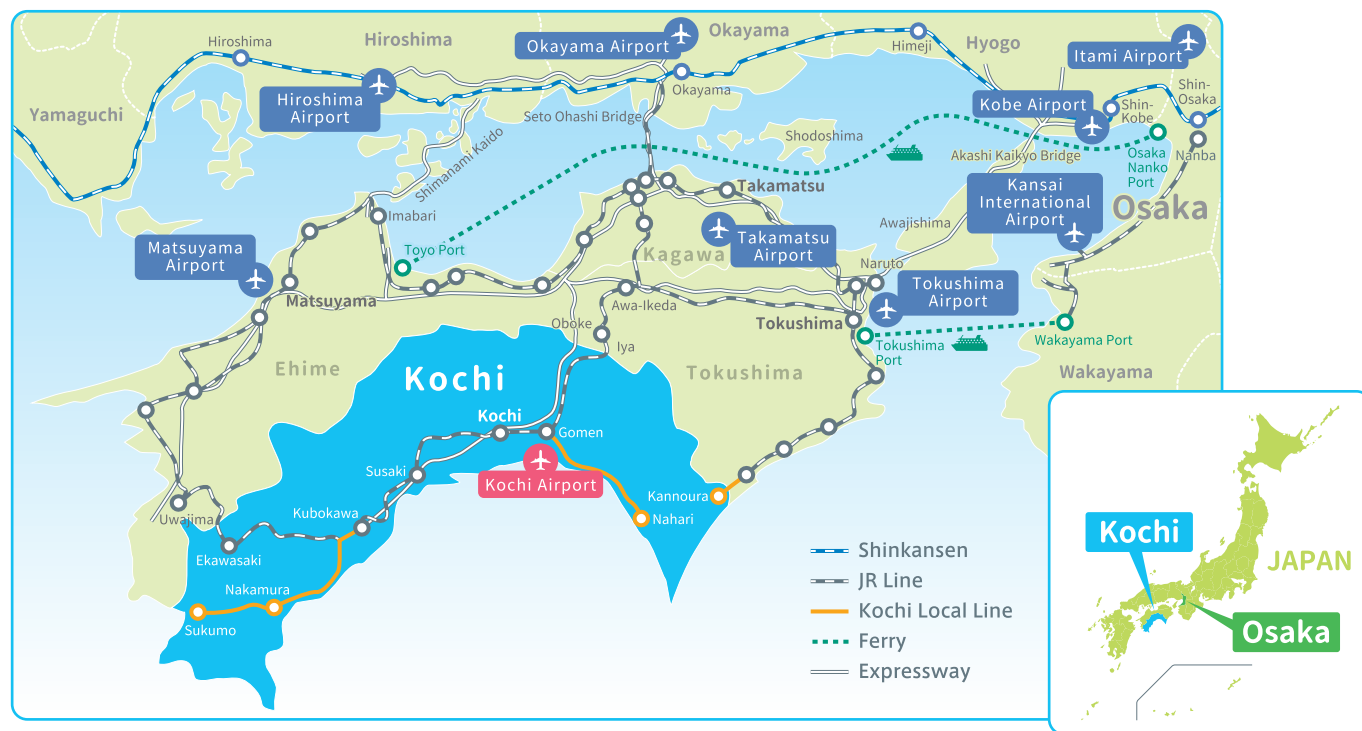
Nearly 600 meters long, this market has 170 stores specializing in fresh, high-quality meat, vegetables, eggs and other products from Japan and abroad. For over 170 years, people from housewives to chefs, have enjoyed the taste, freshness, and variety of products at this market.



Nakazakicho

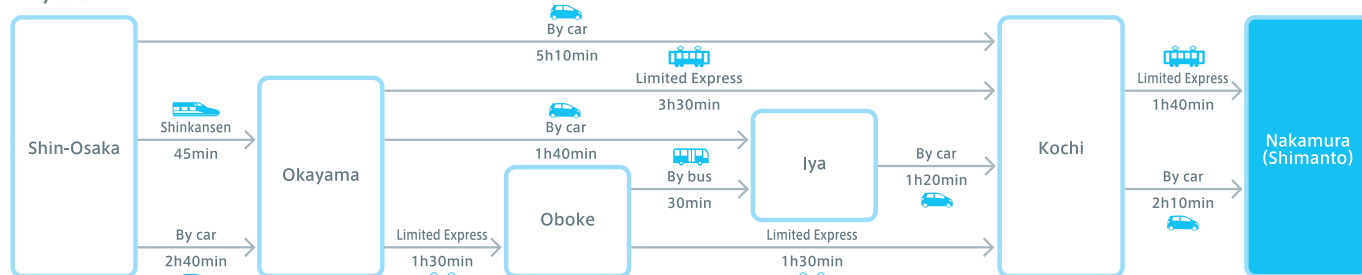
In the unique Nakazakicho area, you can find artistic shops and cozy cafes in a town lined with traditional Japanese houses. The retro scenery and the quirky shops blend together, creating a nostalgic atmosphere. It is just one stop away from Umeda Station, so you can easily walk here.

Transportation information



Access

By land



By Bus



By Plane



By Ferry



Useful Passes

ALL SHIKOKU Rail Pass

Besides JR Shikoku lines, this tourist pass covers most of Shikoku's railway, offering you an all-you-can-ride option on Iyo Railway, Tosaden Kotsu, Tosa Kuroshio Railway, Asato Kaigan Railway, and Kotoden. Visitors coming to Japan for short-term stays can buy and use the pass for 3, 4, 5, or 7 days. You can buy the pass both at overseas-offices or directly at the JR Shikoku Travel Center counter. <https://shikoku-railwaytrip.com/railpass.html>



Koshi 3-Day Pass

It is a transportation pass that allows unlimited rides on trains, buses, and trams within the specified area of Koshi Prefecture. You can purchase it at Koshi Ryoma Airport, Koshi Station, Nakamura Station, Aki Station, or online. There are two kinds of passes for the West and East area, and both can be used for three consecutive days.

<https://visitkoshijapan.com/en/usefuls/koshi3day>



More information on Osaka and Koshi

The Official Osaka Travel Guide



<https://osaka-info.jp/en/>

The Official Koshi Travel Guide



<https://visitkoshijapan.com/en>

Osaka to Koshi special Website



<https://visitkoshijapan.com/en/osakatokoshi>