

Four seasons of Hachimantai

Hachimantai City is blessed with the spectacular nature of Hachimantai, Mt. Iwate and the Apipi Plateau. The abundant hot springs, lush rich soil and beautiful scenery in each of the four seasons are nothing but a gift from nature.



With a clear sky, pristine water, and mountain range from ancient times, the purity of Hachimantai's scenery is like a gem bestowed upon us by God. The shining beauty of mother nature purifies our minds as well.

Hachimantai is a volcanic plateau covering parts of both Iwate and Akita prefectures. The unique volcanic landscape creates a mysterious view and a number of hot springs that provide a wild oasis to visitors. Hachimantai is not the only attraction of the City of Hachimantai in Iwate Prefecture. It also boasts abundant natural attractions including the Yakehashiri Lava Flow, Apipi Plateau and Mt. Nanashigure. Visitors can enjoy driving around the mountain, hot springs, trekking, and camping immersed in awe-inspiring scenery, complete relaxation, and moments of inspiration. It turns into a popular winter resort in the winter attracting many skiers and snowboarders.

Corridor of Snow

In mid April, the Hachimantai Aspite Line opens up after being closed for the winter. Towering walls of snow rise up on each side of the road to form this famous Corridor of Snow of Hachimantai.

A scenic drive through the corridor of fall colors

Flow, Apipi Plateau and Mt. Nanashigure. Visitors can enjoy driving around the mountain, hot springs, trekking, and camping immersed in awe-inspiring scenery, complete relaxation, and moments of inspiration. It turns into a popular winter resort in the winter attracting many skiers and snowboarders.

to bring an extra layer of clothing when visiting during this season.

Yellow hat is a must to Hachimantai when the grass at the summit

Take it slow and soak in the view

to the plains below, Hachimantai is a cliff below Mt. Iwate and Oshiri bridge and changes color above the cliff below. This color slowly spreads down

the hill to the town below. This is a sight to see!

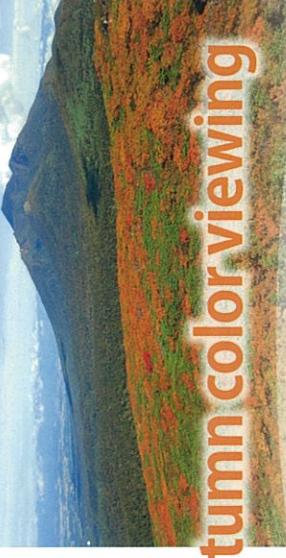
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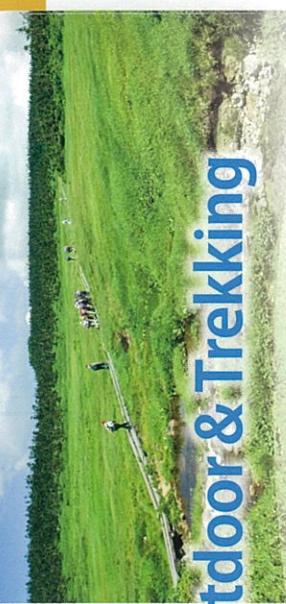
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Autumn color viewing



秋葉
見物

Outdoor & Trekking



登山
トレッキング

Hot Spring



温泉

Each hot spring has its own unique view, atmosphere, and water quality. They all deserve to be visited and experienced.

Hachimantai is home to a number of hot springs because of the volcanic landscape. Hot springs of various types are scattered throughout the area. In Hachimantai, you can choose from a wild outdoor bath or a large scenic bath depending on your taste. There are so many reasons to visit, including interacting with spring overseers and ryokan hosts and enjoying seasonal mountain delicacies.

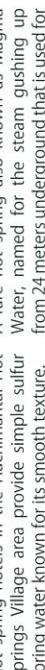
Hachimantai Royal Hotel



Nakayama Onsen



Apipi Onsen, Seiryukan



Matsukawa Onsen



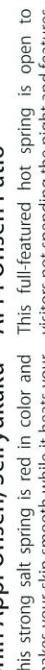
Hachimantai Nature Retreat, Nakayama-So



Apipi Onsen, Seiryukan Patio



Matsukawa Onsen



Soukyo



Kuroiso



Matsukawa Onsen



Meiwa Onsen



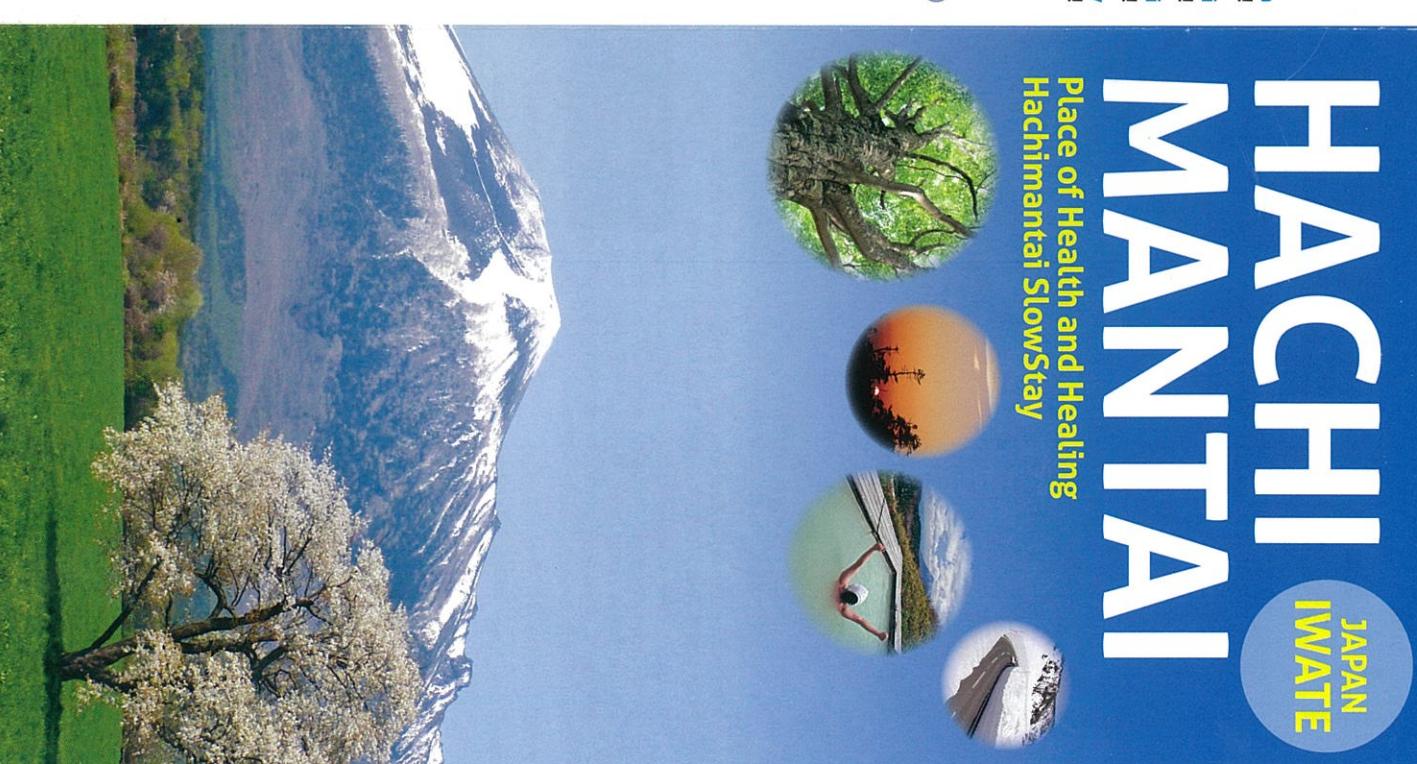
Apipi Onsen, Seiryukan



Hachimantai City



Hachimantai City



HACHI MANTAI

Place of Health and Healing

Hachimantai SlowStay

JAPAN
IWATE

Hokkaido

Hakodate

Iwate

Hachimantai

Morioka

Aomori

Sendai

Shin-Aomori

Sendai City

Sendai Airport

By express bus 53min!

By regularly-operated bus 45min!

By Shinkansen bullet train 42min!

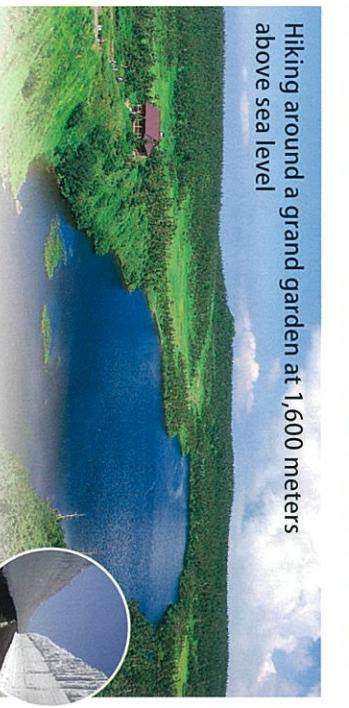
By Tohoku Shinkansen bullet train 17min!

By Sendai Airport Access Railway 17min!



Hachimantai area guide

Hiking around a grand garden at 1,600 meters above sea level



Hachimantai area

Hachimantai is a volcanic plateau located in the Towada-Hachimantai National Park ranging from Wate to Akita. At its summit of 1,613 meters above sea level, a mysterious landscape with volcanic lakes and wild forests of Oshibabiso (Abies mariesii) extends out into the distance. Hiking around this area can be as easy as a 30 minute stroll with normal shoes or a trek on less steep hills and a more serious traverse.

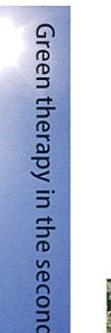
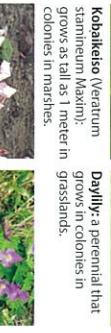
It takes about 1 hour at a slow pace to make the round trip from the parking lot at the peak to Hachiman-numa.

The largest lake, Hachiman-numa is a scenic point that symbolizes Hachimantai. The gentle rolling trail leading to the lake makes hiking more casual and accessible. Early summer to mid-summer is the best season to enjoy colorful alpine plants.

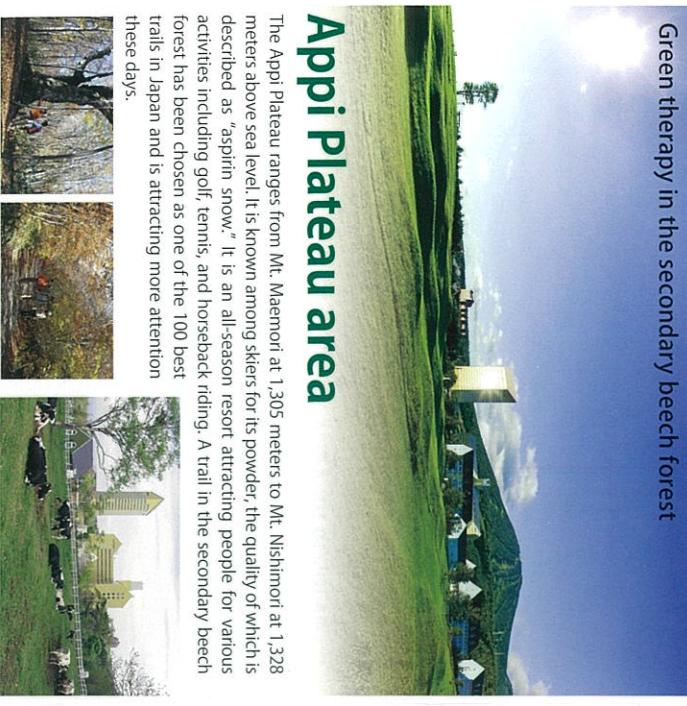


To Kazuno (Akita) and Lake Towada (Aomori)

Elegant alpine plants



Appi Plateau area

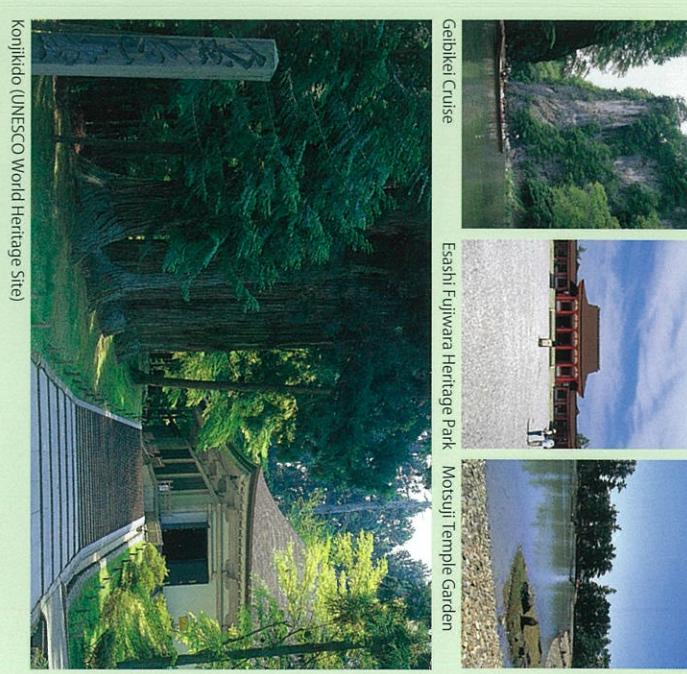


Green therapy in the secondary beech forest

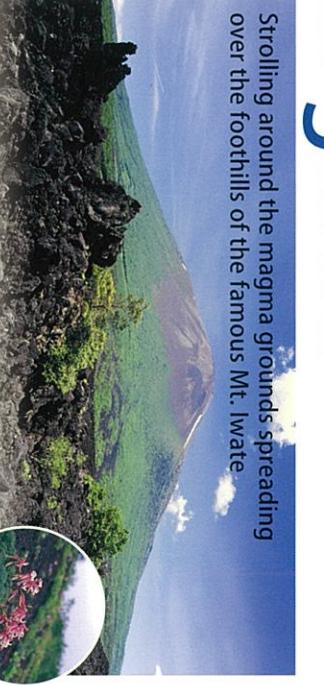
Mt. Nanashigure/Tashirotai



Green trail of retro nostalgia



People say it rains seven times a day at Mt. Nanashigure, as its name suggests. The peak is 1,063 meters above sea level, and you can feel a sort of pastoral nostalgia here. Immense yourself in the green forest or enjoy trekking and having a picnic. An old road dating back to the Edo period runs through the area offering views of various historic sites and ruins along the way.

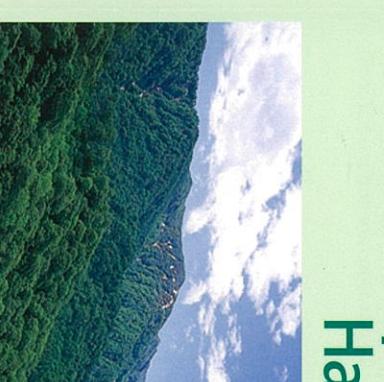
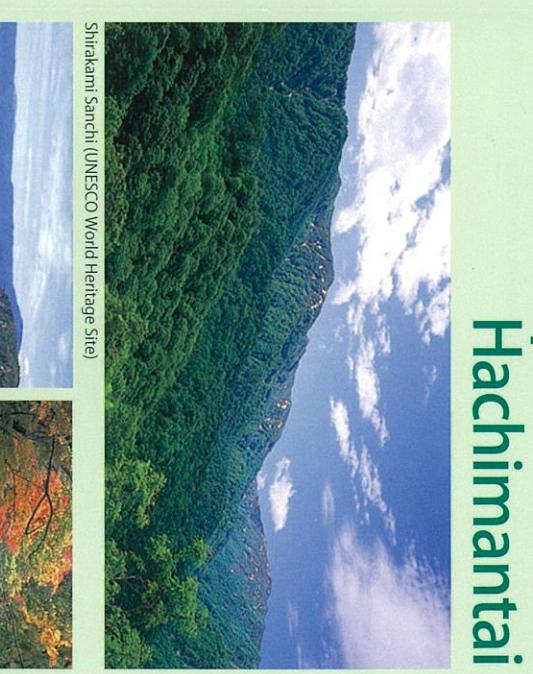


Mt. Iwate Yakehashiri area

Mt. Iwate is an iconic mountain of Iwate towering above the plains at 2,038 meters above sea level. It is one of the 100 most celebrated mountains in Japan. The foothills of Mt. Iwate are covered with the Yakehashiri Lava Flow that formed from a cooled and hardened lava flow from an eruption in 1732. The contrasting black rocks and green mountains create a splendid landscape.

Mt. Iwate Yakehashiri International Exchange camp for Mt. Iwate trekking and nature exploration.

Mt. Iwate Yakehashiri International Exchange Village is a popular outdoor site located next to the lava flow and provides a campground with car facilities, and has cabins and an observatory.



Tourist spots around Hachimantai

