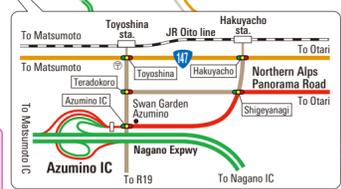
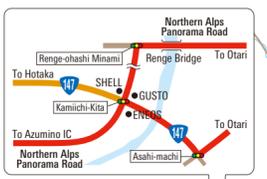


Kurobe Dam, Alpine Route

Kurobe Dam
Kurobe Dam, 186m high and 492m long, is Japan's largest arch dam which was built in the then unexplored gorge taking seven painstaking years. The Tateyama Range as viewed from the dam is awe-inspiring. A large parking lot is available at Ogisawa. ☎0261-22-0804 (Kuroyon Reservations Center)

Tateyama-Kurobe Alpine Route
Tateyama-Kurobe Alpine Route is an alpine sightseeing route traversing the Northern Japan Alps with 3,000m-class soaring peaks running row upon row. Visitors are fully rewarded with breathtaking natural beauty that varies season by season. ☎076-432-2819 (Information Center)



Note for those coming to Otari by car from the Nagano City direction:
To head for the Otari/Hakuba area, we suggest you proceed along Route 19 (via Hakuba-Nagano Olympic Road, toll #210) then follow prefectural roads 31 and 33. *Beware of Route 406 which is narrow in width.

Note for those coming to Otari by car from the Azumino area:
To head for the Otari/Hakuba area via Azumino I.C., go straight past the Azumino interchange traffic signal, turn to the right at the Shigeyanagi intersection, then proceed along the Kita-Alps Panorama Road.

Matsumoto, Kamikochi

Matsumoto Castle (a National Treasure)
Built some 400 years ago, the Matsumoto Castle features a five-story donjon, which is the oldest one of its kind existing in Japan. ☎0263-32-2902

Matsumoto City Museum of Art
This comprehensive art museum was built with the concept of a venue open to citizens for learning in a rich educational environment. Exhibits include works by the calligrapher Shinzan Kamijo and the artist Yayoi Kusama, both native to Matsumoto. ☎0263-39-7400

Nakamachi-dori Street
This shopping street brings visitors back to a world of centuries past due to its traditional-type warehouse (kura) structures featuring white walls crisscrossed with raised black tiles called namako. The warehouse-style hall nicknamed the Kurassic-kan is the street's core attraction.

Kamikochi
Kamikochi is admired for some of Japan's most impressive alpine scenic beauty, embracing sights such as the mystically enchanting Taisho-ike Pond against the background of Mt. Yakedake, as well as the crystal-clear Azusa River gracefully spanned by the Kappa-bashi bridge. ☎0263-95-2405 (Kamikochi Tourism Hotel Union Office)

Norikura Skyline
A mountain sightseeing road that accesses to Mt. Norikura-Tatamidaira from Takayama City (Hida) side of Gifu Prefecture. *Currently, restrictions are in place to protect the precious nature of Mt. Norikura, and private vehicles are not allowed to pass. ☎0577-78-2345 (Hida Norikura Tourism Association)

Azumino

Rokuzan Art Museum
This art museum is dedicated to the works of Rokuzan Ogiwara, a native of Azumino and a pioneer of modern Japanese sculpture, who studied under Auguste Rodin. ☎0263-82-2094

National Alps Azumino Field Park (Horigane/Hotaka district)
Outdoors or within the Theme Building, this park allows visitors to enjoy a variety of pursuits, such as nature observation, craft-making, studying local folk traditions, and hands-on experiences. ☎0263-71-5511

Daio Wasabi Farm
Daio Wasabi Farm is the largest of its kind in Japan, which is fed with pure meltwater from the Northern Japan Alps. ☎0263-82-2118 Admission free; Open year round

Hotaka Shrine
Ifamous as the guardian of the Japanese Alps. He is deeply worshiped as the guardian deity of traffic safety and industry. The MiFu Festival, held every year in late September, is a spectacular event in which five boat-shaped floats are pulled out. ☎0263-82-2003

Azumino Chihiro Art Museum
This facility consists of an art museum and a park, the former featuring works of Chihiro Iwasaki, a renowned picture book artist. ☎0261-62-0772

Dosojin
Stone statues are watching over the safety of travelers and the lives of people all over the roads in Azumino City. You can also enjoy sightseeing around Dosojin with the Dosojin map in hand. ☎0263-82-9363 (Azumino City Tourist Information Center)

Omachi

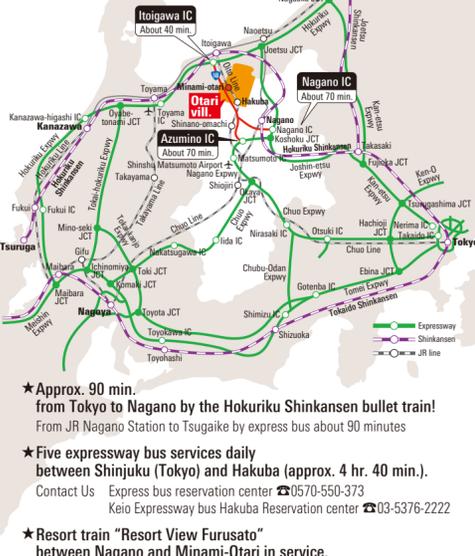
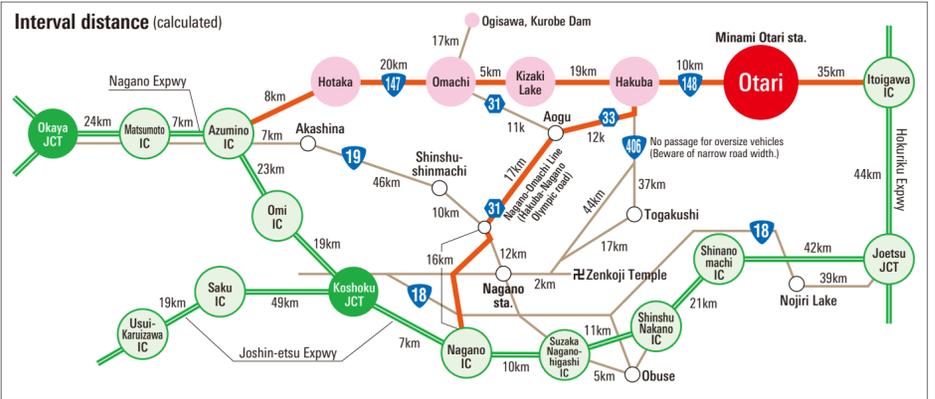
Museums in Omachi
In Omachi City, you can enjoy various museums. They are the Municipal Omachi Alpine Museum (the only museum in Japan dedicated to materials related to mountains), the Shio-no-Michi (Salt Road) Museum and the Sake Museum. ☎0261-22-0211 (Municipal Omachi Alpine Museum) ☎0261-22-4018 (Shio-no-Michi Chojiya (former Shio-no-Michi Museum))

Three Lakes of Nishina (Lakes Aoki, Nakatsuna and Kizaki)
The three lakes of Nishina offer a variety of water leisure activities such as boating and wind surfing. They are also popular among anglers for bass and fresh-water smelt fishing. ☎0261-22-0190 (Omachi Tourism Association)

National Alps Azumino Field Park (Omachi/Matsukawa district)
This park offers attractions for those who seek active experiences, such as an "Aerial Corridor" and a large roofed playground. ☎0261-21-1212

Reisho-ji Temple
Reisho-ji is the oldest Soto-Sect Zen temple in Nagano Prefecture. A large ginkgo tree of the ohtsuki-icho variety is situated next to the temple gate. The ginkgo tree, which exhibits beautiful tints in autumn, is believed to respond to believers seeking divine blessings for children and a happy marriage. Reisho-ji Temple Office ☎0261-22-0377

Nishina Shinmei Shrine
This shrine was enshrined by the Nishina clan, the local rulers, around the end of the Heian period. The current building dates from the early Edo period, and the main shrine, corridor, and middle gate have been designated as national treasures because they accurately convey the style of Japan's ancient Shinmei Shrine. ☎0261-62-9168



★ Approx. 90 min. from Tokyo to Nagano by the Hokuriku Shinkansen bullet train!
From JR Nagano Station to Tsugaikyo by express bus about 90 minutes

★ Five expressway bus services daily between Shinjuku (Tokyo) and Hakuba (approx. 4 hr. 40 min.).
Contact Us Express bus reservation center ☎0570-550-373 Keio Expressway bus Hakuba Reservation center ☎03-5376-2222

★ Resort train "Resort View Furusato" between Nagano and Minami-Otari in service.

Telephone Guide (Area code ☎0261)		
Tourism		Others
Otari Village Tourism Federation	82-2233	Otari Village Office 82-2001
Tsugaikyo Kogen Tourism Association	83-2515	Otari Police Box 82-2110
Hakuba Norikura Tourism Association	82-3187	Hokubu Fire Station 72-0119
Hakuba Village Information	85-4210	Otari Village Clinic 82-2044
Omachi City Tourism Association	22-0190	Omachi City General Hospital 22-0415
Itoigawa Tourism Association	025-555-7344	
Transportation		
Otari Kanko Taxi	82-2045	
ALPICO Taxi, Hakuba	72-2236	
JR East Contact Center	050-2016-1600	
JR West Customer Center	0570-00-2486	
ALPICO Kotsu Hakuba Office	72-3155	

Nagano

Zenko-ji Temple (a National Treasure)
Zenko-ji is the most revered temple in Nagano Prefecture. It is comprised of the main sanctuary (a national treasure), main gate, Ni-no-mon gate and scripture house (important cultural properties). Nearby is the Higashiyama Kai Gallery dedicated to Japanese paintings by Kai Higashiyama. ☎026-234-3591 (Zenkoji Office) ☎026-232-0052 (Nagano Prefectural Art Museum, Higashiyama Kai gallery)

Kawanakajima Ancient Battlefield / Nagano City Museum
This site of repeated battles between two powerful warlords - Uesugi Kenshin and Takeda Shingen. As such, the park contains a statue depicting the famous hand-to-hand combat between Uesugi and Takeda. The museum features historical and cultural exhibits related to the Nagano Basin area. ☎026-284-9011 (Nagano City Museum)

Castle Town of Matsumuro
The Nagano City Museum is located in the Hachimanpara Historic Park, which was once the field of repeated battles between two powerful warlords - Uesugi Kenshin and Takeda Shingen. As such, the park contains a statue depicting the famous hand-to-hand combat between Uesugi and Takeda. The museum features historical and cultural exhibits related to the Nagano Basin area. ☎026-290-6400 (Matsumuro Tourism Information) ☎026-224-5042 (Zozan Underground Shelter)

Chausuyama Zoological Gardens/Dinosaur Park
Commanding a panoramic view of Zenkoji-daira Plateau, the zoological gardens is where visitors can meet the popular lesser pandas and many other animals. ☎026-293-5167

Togakushi, Kinasa

Togakushi Shrine
Since ancient times Togakushi Shrine (a collective name for several shrines) has been well known as a major center of mountain asceticism. Okusha and Kuzuryusha shrines are in forests of Japanese cedar while Chusha, Hokusha and Hinomikoshha are located closer to human habitation. ☎026-254-2888 (Togakushi Tourism Association)

Oku-Susobana Nature Park (in Kinasa)
This nature park is the home of a huge colony of mizubasho (skunk cabbage) plants. The best season to see them in full bloom is mid-May. ☎026-256-3188 (Kinasa Tourism Association)

Obuse

Hokusai Museum
The world-renowned ukiyoe artist Katsushika Hokusai came to stay in the town of Obuse at the invitation of a rich merchant, leaving numerous hand-drawn paintings. The Hokusai Museum puts these colorful masterpieces on display. ☎026-247-5206 ☎026-247-3111 (Obuse CultureTourism Association)

Floral Garden Obuse
This floral garden welcomes visitors with its lovely flowers of the season. A flower shop is available while visitors can relax in the " Rendezvous Floor" overlooking the garden. ☎026-247-5487

